DOCUMENT RESUME

ED 419 364 EC 306 453

AUTHOR	Peniston, Lorraine C.
TITLE	Developing Recreation Skills in Persons with Learning Disabilities.
ISBN	ISBN-1-57167-134-X
PUB DATE	1998-00-00
NOTE	304p.
AVAILABLE FROM	Sagamore Publishing, 804 North Neil St., Suite 100, Champaign, IL 61820.
PUB TYPE	Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	*Accessibility (for Disabled); Adults; Assistive Devices (for Disabled); Athletics; Children; *Delivery Systems; Etiology; Federal Legislation; Incidence; *Learning Disabilities; *Leisure Education; *Leisure Time; *Recreational Activities; Self Advocacy
IDENTIFIERS	*Americans with Disabilities Act 1990; *Reasonable Accommodation (Disabilities)

ABSTRACT

This book provides specific suggestions for ways to make accommodations and modify leisure activities to enable and encourage the participation of individuals with learning disabilities. The following chapters include: (1) "An Introduction"; (2) "Learning Disabilities," which describes types of learning disabilities, guidelines in assessing learning disabilities, and perceptions of learning disabilities; (3) "Awareness," which discusses how persons with learning disabilities recognize their strengths and weaknesses, "why" self-awareness is important, and advocacy; (4) "Leisure," which describes the benefits of recreational activities, "how" learning disabilities can affect one's recreation participation, and steps for guiding the person with learning disabilities to involvement in recreation activities; (5) "Delivery of Recreation Programs to Persons with Learning Disabilities," which explores the creation of an inclusive community recreation environment and the requirements of the Americans with Disabilities Act; and (6) "Specific Accommodations and Modifications of Recreation Activities for Persons with Learning Disabilities," which furnishes specific suggestions for accommodations in sports and physical activities, passive activities, outdoor activities, hobbies, and social/community activities. The final chapter "Resources," supplies names and addresses of major organizations and agencies, commercial businesses, well-known publications, and widely-used visual media sources. Appendices include relevant checklists and evaluation forms, and exercises. (Each chapter includes references.) (CR)

****
* Reproductions supplied by EDRS are the best that can be made *
* from the original document. *
****